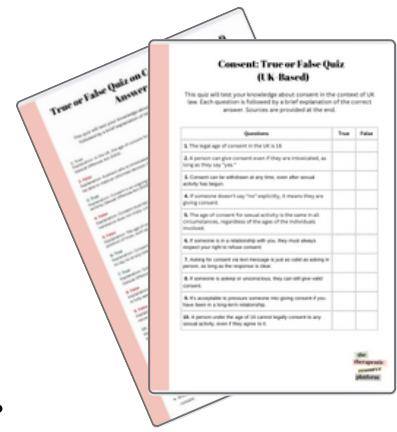


True or False - Consent (UK)

Instruction page



1

Activity Type

Age: 13-18+

Participation Style:
1-1 activity

Group activity
group play solo points

Theme:
Mindful, reflective & sexual health

Challenge Level
Moderate

Resource Format:
Quiz/Game
PDF worksheet

2

General Activity Info

True or False Activity

Our True or False activity is an engaging way for you to share knowledge with participants. It can be done in a one-to-one setting or within a group. Simply print the worksheet, distribute it, and have participants answer the questions. Once they're finished or after 15 minutes, go through the answers together and discuss them in more detail.

Alternatively, you can ask the questions verbally and have participants show True or False flashcards in response. Flashcard templates are available on our website.

Consent, true or false activity:

This True or False activity educates participants about sexual consent, empowering them to make informed choices and act responsibly.

3

Materials Needed

- A printed copy of the resource OR Flashcards.
- Pens
- A dry-erase marker if you plan to laminate the sheet making it reusable.

4

Step by Step Instructions

1. Print out the true or false quiz sheet **OR** print out our flash cards if you plan on asking the questions verbally.
2. Give participants time to answer the questions. Then go through each question and their answers.

Top Tip: You could laminate the sheet and use a whiteboard pen to mark off completed tasks, making it a reusable tool for future weeks.

Consent: True or False Quiz (UK-Based)

This quiz will test your knowledge about consent in the context of UK law. Each question is followed by a brief explanation of the correct answer. Sources are provided at the end.

Questions	True	False
1. The legal age of consent in the UK is 16		
2. A person can give consent even if they are intoxicated, as long as they say "yes."		
3. Consent can be withdrawn at any time, even after sexual activity has begun.		
4. If someone doesn't say "no" explicitly, it means they are giving consent.		
5. The age of consent for sexual activity is the same in all circumstances, regardless of the ages of the individuals involved.		
6. If someone is in a relationship with you, they must always respect your right to refuse consent.		
7. Asking for consent via text message is just as valid as asking in person, as long as the response is clear.		
8. If someone is asleep or unconscious, they can still give valid consent.		
9. It's acceptable to pressure someone into giving consent if you have been in a long-term relationship.		
10. A person under the age of 16 cannot legally consent to any sexual activity, even if they agree to it.		

True or False Quiz on Consent (UK-Based)

Answer sheet

This quiz will test your knowledge about consent in the context of UK law. Each question is followed by a brief explanation of the correct answer. Sources are provided at the end.

1. True

Explanation: In the UK, the age of consent for sexual activity is 16, regardless of gender or sexual orientation (Sexual Offences Act 2003).

2. False

Explanation: A person who is intoxicated (through alcohol or drugs) cannot give valid consent, as they may not be able to make an informed decision (Sexual Offences Act 2003).

3. True

Explanation: Consent is an ongoing process, and a person can withdraw consent at any point during sexual activity (Sexual Offences Act 2003).

4. False

Explanation: Consent must be clear, enthusiastic, and verbal (or through clear actions). Silence or lack of resistance does not imply consent (Sexual Offences Act 2003).

5. False

Explanation: The age of consent is generally 16, but there are specific exceptions (e.g., if one person is in a position of trust, such as a teacher) (Sexual Offences Act 2003).

6. True

Explanation: Consent must always be respected, regardless of the relationship, and both parties have the right to say no at any time (Sexual Offences Act 2003).

7. True

Explanation: Consent can be given verbally or in writing, as long as it is clear, enthusiastic, and unambiguous (Sexual Offences Act 2003). However, remember that consent can be withdrawn at any time.

8. False

Explanation: A person who is unconscious or asleep cannot give consent. Consent must be given while a person is fully aware and capable of making decisions (Sexual Offences Act 2003).

9. False

Explanation: Consent must always be given freely, without any form of pressure, coercion, or manipulation. It is never acceptable to pressure someone into agreeing to sexual activity (Sexual Offences Act 2003).

10. True

Explanation: In the UK, the legal age of consent is 16, meaning any sexual activity involving someone under 16 is illegal, even if they agree to it (Sexual Offences Act 2003).

Sources:

- Sexual Offences Act 2003 – The primary UK legislation regarding consent and sexual offences.
- Gov.uk: Sexual Offences Act 2003
- NSPCC - Consent and the Law – A child protection charity providing resources about consent.
- NSPCC: Consent and the Law
- Brook – Sexual Consent – A sexual health organization offering clear guidance on consent.